

Going for a child protection medical

A guide for children



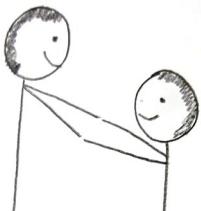
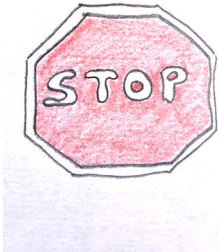
Why am I being seen today?

Someone is worried that you might have been hurt. They have asked for you to be seen by a children's doctor.



Remember:

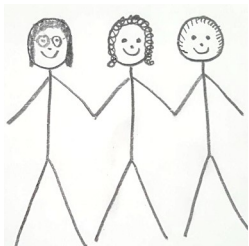
- Everyone is there just to help you.
- You can ask any questions you like.
- You can ask to bring an adult you trust with you.
- You can bring your favourite game, toy or book.
- You can ask to speak to the doctor on your own.
- The check **doesn't** hurt. You can say no or stop at any time.
- It's normal to feel a bit nervous, but we are there to listen to you and to help keep you safe.



Before the doctor sees you:

You can choose who you want to be in the room with you when you are checked over, like a family member or an adult you trust.

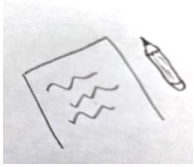
Someone will let you and your parent or carer know where to come and why they want you to see a doctor.



Who will I see?

When you and your parent or carer come to the hospital, there will be a children's doctor and a children's nurse. There might be other adults there as well, such as a social worker. They will tell you who everyone is.

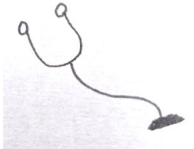
What will happen at the examination?



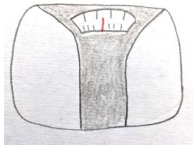
Before the doctor starts they will explain what will happen and will ask for your parent's or carer's written permission, and yours if you are old enough. This is called consent.



The doctor will ask you and your parent or carer about your health. If you want to, you can speak to the doctor on your own.



The doctor will listen to your heart, feel your tummy and look in your ears and mouth. The doctor and nurse will check your skin all over.

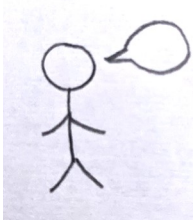


You will also be weighed and your height measured.



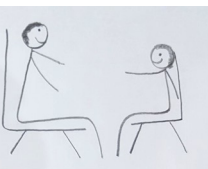
If you have any marks on your body the doctor will make a drawing and they may also take photographs.

What happens next?



The doctor will explain to you and your parent or carer what they think at the end of the examination.

If more tests are needed the doctor will explain them to you.



The social worker and doctor will talk to you and your parent or carer to find out what everyone thinks. They will explain what will happen next.